



MOST WANTED FITNESS



CLOCKWISE FROM LEFT: The courts at CityView Racquet Club; the stellar view from the bar; the lounge, a great post-match venue.

Ace It!

There are few things more elegant than tennis whites and a high-tech racket—and few things more satisfying than a solid backhand. So get out there and start swinging. *by Ingrid Skjong*

IF THE MARATHON NAIL-BITER of a final at Wimbledon between Rafael Nadal and Roger Federer inspired you to dust off your racket and get back on the court, there's no better place to get reacquainted with the game than **CityView Racquet Club**.

Opened in April in the 1930s-era Swingline Stapler building in Long Island City (just across the 59th Street Bridge!), CityView is a \$10 million, 80,000-square-foot tennis and squash facility that means business. Seven pristine Har-Tru tennis courts—complete with shadow-free lighting and climate control, all housed under giant bubbles—play host year-round to group and individual lessons by the club's eight tennis pros. (Nick Bollettieri, who has coached the likes of Andre Agassi and Monica Seles, has endorsed the place.) For squash devotees, three

international singles courts and one hardball doubles court—plus a once-world-ranked squash director and teaching pro—keep the games going. There's also a full spectrum of stringing services to maintain the equipment, and juniors programs to boot.

After playing the courts, enjoy one of CitySport's best amenities—its stunning views of Manhattan, visible from nearly every seat in the house. The White Tea spa offers a full range of treatments, including facials, reflexology, and myofascial, Swedish, and sports massage. The lounge and rooftop deck—both relaxing post-racket-sport options—are the perfect venues for unwinding with a drink or a bite after several hours on the baseline. Love, indeed. *CityView Racquet Club, 43-34 32nd Street, Long Island City, 718-389-6252; cityviewracquet.com.*

Court Time

Whatever your coordinates, this town has a tennis venue nearby.

Central Park Tennis Center (Central Park, between West 94th and West 96th Streets, 212-280-0205): Twenty-six clay and four asphalt courts. Open April through November.

Hudson River Park (On the Hudson River between Canal and Houston Streets, 212-627-2020, hudsonriverpark.org): Two doubles and one singles hard-surface courts. First come, first served.

Midtown Tennis Club (341 Eighth Avenue at 27th Street, 212-989-8572; midtowntennis.com): Manhattan's first indoor tennis club, in operation since 1965. Eight Har-Tru courts.

Roosevelt Island Racquet Club (281 Main Street, Roosevelt Island, 212-935-0250; irctennis.com): Twelve indoor Lee green-clay courts.

Sutton East Tennis (488 East 60th Street, 212-751-3452; suttoneasttennis.com): Located under the 59th Street Bridge. Eight red-clay courts. Open late September through April.

Tennis Club of Grand Central (15 Vanderbilt Avenue, No. 3D, Grand Central Terminal, 212-687-3841): A hidden gem on the third floor of Grand Central Station. Two DecoTurf courts. Leased and operated by Donald Trump.